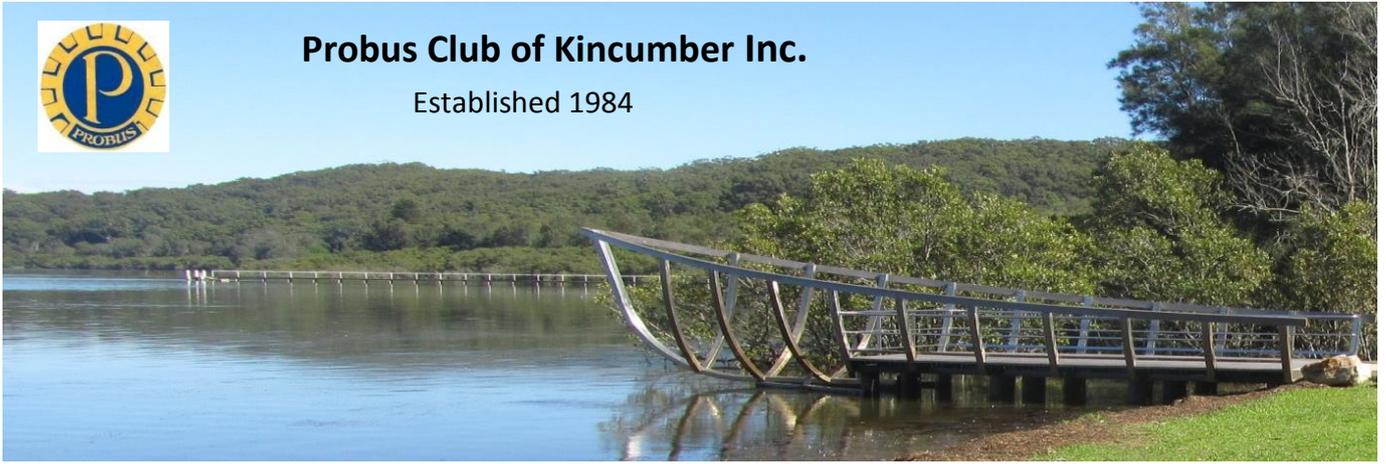




Probud Club of Kincumber Inc.

Established 1984



Meeting Number 417

Newsletter

May 28th 2019

Management Committee

President	Gloria Reid	4369 5441
Vice President	David Minshall	4308 8186
Jnr. V. President	Peter Mear	0410 346 824
Secretary	Peter Park	0400 233 080
Treasurer	Ann Dillon	4368 2003
Social Convenor	Jenny Baker	4369 3942
Speakers	Vice Presidents	
Membership	Carla Hurley	4323 9823
Editor	Annette Lutze	4308 8186

Life Members

Fred Leake
 John Orme
 Barry Riley
 Richard Collins
 John Rudd

From the President

Living in Australia warms my soul especially at this time of year. We are coming to the end of our autumn but are still having those crisp clear pristine mornings and balmy sunny days.

What a joy it is to be able to still have picnics and walk my dog on our beautiful waterfronts and parks. Hopefully we will all make the most of our present weather before we have the challenge of the coming winter.

This month I cannot be with you due to medical commitments, but either David Minshall or Peter Mear will, I am sure, look after you all and head the meeting with great efficiency.

I am particularly disappointed that I will not be at the meeting this month to induct our newest members Pam Spencer and Jan Alford and welcome them personally to our friendly club, but hopefully I will catch up for a chat with both Pam and Jan at our next meeting.

Dates for Your 2019 Diary

June 12	The Chocolate Factory	Page 6
June 18	Gosford Bush Walk	Page 6
June 25	Monthly Meeting	Page 6
July 24	Christmas in July	Page 6
August 6	Archibald Exhibition	Page 6

All contributors please note that the deadline for the next Newsletter is **Friday June 14** but any reports sent earlier will be very welcome.

Please send to ejbutler118@gmail.com



Gloria Reid



Lucy Wicks, MP, Presents New Audiovisual Equipment

Member for Robertson Lucy Wicks on behalf of the Australian Department of Industry, Innovation, and Science officially presented the new high resolution/high brightness projector and a wireless headset microphone system at our 30 April meeting. The audiovisual equipment, valued at over \$3700, was awarded to the club as a result of our October 2018 grant submission under the Department's federal "Stronger Communities Programme," and will greatly enhance our enjoyment of guest speakers and other presentations during club meetings.

In her welcoming remarks President Gloria Reid thanked the MP for her strong support of our grant application which truly is a game changer for Kincumber Probus, and for taking time from her busy schedule to join us in also celebrating our twin anniversaries. MP Wicks thanked the Club, and in particular Secretary Peter Park, for a well-developed grant submission which furthers one of the aims of the Stronger Communities program in keeping our senior community engaged as part of our vibrant Central Coast Community.



Following her remarks MP Lucy Wicks joined members for morning tea and a chance to talk about issues important to our Club.

Lucy Wicks chatted with President Gloria Reid and Secretary Peter Park at morning tea.

Cake Cutting Salutes Twin Anniversaries of Kincumber Probus

A beautifully decorated cake was cut at the April 30th meeting to celebrate the 35th anniversary of Kincumber Probus Club, and the 10th anniversary of becoming a mixed male-female club.

President Gloria Reid was joined in cutting the cake by Member of Parliament for Robertson Lucy Wicks, senior Life Member and former president Fred Leake, and former president Thelma Leonard representing the first nine women inducted into the club in February 2009.



Guest Speaker for May: Narelle Brown from The Energy Ombudsman

This month we will have the pleasure of a presentation from Narelle Brown, Engagement Officer for the Energy Ombudsman. Areas covered will be electricity, gas and water.

Five Minute Talk for May

Our five-minute talk this month will be given by Iain McLeod. No doubt Iain will have some interesting things to tell us.

David Minshall



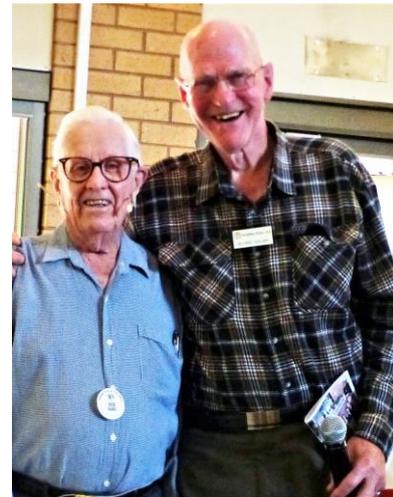
35th Anniversary Speakers

Fred Leake and Richard Collins

Richard Collins and Fred Leake took us on a delightful journey at the April meeting as they brought the Probus slogan to life.

A trip down memory lane illustrated the *fun* and *fellowship* enjoyed by Probus members and reminded us of the strong culture that built the Club and that we can continue to develop during the years to come.

Together, Richard and Fred are a shining example of the wonderful *friendships* that can grow as we participate in the life of our Club.



Tour of The Sydney Rocks Area - Tuesday May 21

Guided by long-time Rocks resident Brian 'Larrikin' Harrison, we explored the Rocks area on Tuesday 21 May, seeing through the eyes of our guide several areas not usually seen by the public. And for our own intrepid Bushwalk leader Bob Cochrane it was literally a 'trip down Memory Lane' of the area where Bob grew up, by his own admission, a bit of a Larrikin himself.



Brian regaled us with little known stories of this fantastic historic area – both real and some perhaps apocryphal. The tour ended at the rustic The Hero of Waterloo Hotel where several of the group had lunch before using our Opal Seniors Cards for the \$2.50 roundtrip from Gosford and Woy Woy. Another terrific Bob Cochrane Kincumber Probus Walk!

Peter Park

Photos by Diane Rudd





Diane Rudd seized the moment and gathered our members together for a group photo at the 35th Anniversary meeting.

Reminder – Please use the microphone at our meetings.

Use of the microphone enhances the sound for everyone but is especially vital to those who rely on the interaction of their hearing aids with the Hearing Loop installed in the room.

Theatre Group

PLEASE CONTACT me if you are interested in attending any of the following shows

COMING SHOWS AT THE LAYCOCK

- 1st June 7.30pm – **Rain or Shine** The Judy Garland Story \$40
- 13th June 7.30pm– **Ziggy** 50 Years of Bowie \$55
- 14th June 8pm – **Buddy Holly and the Beatles Tribute** \$60
- 16th June 6.30pm – **The Tap Pack** \$69
- 23rd June 2pm – **The Sapphires** \$40

If we have a group booking (10 people or more) the price will be reduced by approx. \$5

UPCOMING SYDNEY SHOWS

Billy Elliot – the Musical

Chicago – I have already booked tickets to this show on Wed 18th September at 1pm, please contact me if you wish to join us for this performance at the Capitol Theatre Sydney

Diane Rudd 0438 464 616

Welcome to the two new members who will be inducted at the May Meeting



Jan Alford

Jan enjoys reading, walking and meeting people.



Pam Spencer

Pam enjoys golf, reading, crosswords and travel.



PROBUS CLUB OF KINCUMBER INC.
FINANCIAL REPORT FOR GENERAL MEETING
21 MAY 2019

ST.GEORGE BUSINESS ACCESS ACCOUNT	<u>\$1708.57</u>
ST.GEORGE BUSINESS CHEQUE ACCOUNT	
BALANCE AS AT 31 MARCH 2019	\$2371.38
CREDITS	\$ 585.00
DEBITS	\$82.00
BALANCE AS AT 30 APRIL 2019	<u>\$2886.38</u>

Ann Dillon

Best wishes to our members who celebrate their birthdays in June.

*Peter Park
Peter Mear
Ann Dillon
Jenny Baker
Bill Jackson
Beverley Boon
Janelle Costigan*



Congratulations to our members who celebrate their Wedding Anniversaries in June

*Peter and Joy Park
David and Shirley Casey*



WELFARE REPORT

What I have discovered as the Welfare Officer for some time here at Kincumber Probus is that there are quite a few people in our Probus family who have health problems – some quite serious - they really don't want to report in the newsletter or at the meeting. They just want to share them with close friends and family. What I have also discovered when I speak with them, is that they are more worried about others than themselves and don't want a fuss.

I could sit here and wait for a sprained ankle or shoulder rotator cuff, which are perfectly suitable ailments on which to report. However as none of you are ringing me about those (thankfully), I'm here to remind all of us – **laughter is the best medicine.**

Laughter is a powerful antidote to stress, pain, and conflict. Nothing works faster or more dependably to bring your mind and body back into balance than a good laugh. Humour lightens our burdens, inspires hope, connects us to others, and keeps us grounded, focused, and alert. It also helps us to release anger and forgive sooner 😊.

Narelle Mayes, Welfare Officer –
0410 303 703 - bjacko@telstra.com

Palm Beach Outing

What a glorious autumn day we had for our cruise to Palm Beach on Tuesday 14th May! Twenty members joined the ferry at Wagstaffe or Ettalong and enjoyed a lovely smooth trip past Lion Island to the wharf at Palm Beach. After a gentle stroll to the RSL Club Palm Beach we had a sociable lunch outside in the sunshine accompanied by the chattering of the parrots in the aviary. What a great way to spend a day.

Jenny Baker



Sub-Committee and Convenors

Assist Membership	Phyl Hill
Assist Editor	Elizabeth Butler
Bushwalking	Bob Cochrane
Golf	Peter Mear
Historian	Diane Rudd
Assist Historian	Carla Hurley
Book Share	Jenny Baker
Photographers	Bill Clark
	Diane Rudd
Debates	Peter Park
Theatre	Diane Rudd
Webmaster	David Casey
Welfare Officer	Narelle Mayes
Venue Officers	Bill Clark
Catering Officers	Jan Gee
	Kay Cochrane
	Jan Costigan
	Yvonne Kelly
Auditor	
Alan Hurley	

Social Activities

Wednesday 12th June The Chocolate Factory

11:00am 6 Jusfrute Drive West Gosford.

Thirty-minute tour of factory plus lunch.

Cost: \$8.00 for tour. Lunch at own expense.

Names and money in **an envelope** by May Meeting.

Wednesday 24th July Xmas in July lunch

12 Noon Ettalong Diggers Club

Entertainment: Lucky Starr & Roland Storm

Cost: \$45.00 Two course meal including glass of Champagne on arrival.

Jenny Baker 4369 3942

The ARCHIBALD Exhibition Tuesday 6th August

Art Gallery of NSW - Finalists of the Archibald Prize.

Travel by train to Sydney then to Martin Place, with a stop for coffee before a walk through the park to the Art Gallery where we will have a guided tour of the Archibald Finalists at 12pm. Lunch at your own expense

Cost of tour to be confirmed

Diane Rudd 0438 464 616

Bush Walks

Gosford Gallop Tuesday June 18th 10:30am.

We will meet at Gosford Sailing Club for a waterfront journey to the footy stadium, with extensions available for the enthusiastic. This walk was postponed earlier in the year due to poor weather.

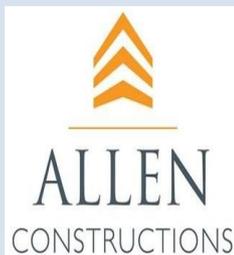
On return, lunch in the Sailing Club or BYO in the park.

Coo-ee *Bob Cochrane 0407 910 188*

Putty Parade Tuesday July 16th 10:30am

Convene at Killcare SLSC to walk north along the sand to Putty Beach.

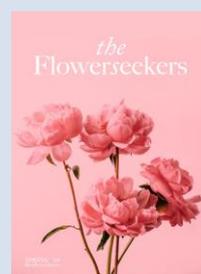
The return walk will be partly through Bouddi National Park and then along the beach to Killcare SLSC for lunch at the kiosk or BYO.



Many thanks to Allen Constructions and The Flowerseekers for sponsoring the printing of this Newsletter.

<http://www.allenconstructions.com.au>

<http://www.theflowerseekers.com>



The Probus Club of Kincumber Inc. meets at the Kincumber Uniting Church at 9:30am on the fourth Tuesday of every month except December. Visitors are always very welcome.

Address: PO Box 6109, Kincumber NSW 2251

Website www.probuskincumber.org.au

This publication is solely for the information and interest of members of the Probus Club of Kincumber Inc. and other Probus Clubs in the district and is not to be used for any other purpose.

