



Probus Club of Kincumber Inc.

Established 1984



Meeting No. 409

Newsletter

August 28th 2018

Management Committee

President	David Casey	4365 9095
Vice President	Gloria Reid	4369 5441
Jnr. V. President	David Minshall	4308 8186
Secretary	Peter Park	0400 233 080
Treasurer	Ann Dillon	4368 2003
Social Convenor	Joan Vella	4365 9085
Speakers	Iain McLeod	4343 1601
Membership	Carla Hurley	4323 9823
Editor	Elizabeth Butler	4307 9606

Life Members

Fred Leake
John Orme
Barry Riley
Richard Collins

Dates for Your 2018 Diary

Sept 4	Outing to Cockatoo Island	Page 6
Sept 18	Bushwalk at Davistown	Page 6
Sept 25	Monthly Meeting	Page 6
Oct 9	Lunch at Rafferty's Resort	Page 6
Every Friday	Golf at Breakers	Page 6

All contributors please note that the deadline for the next Newsletter is **Friday Sept 14** but any reports sent early will be very welcome.

Please send to ejbutler118@gmail.com

From the President

As you can see we are back from our Kimberley Coast cruise trip. Thankfully, no close encounters with the resident Crocs. A wonderful trip! It would have been even better if we could have shared the trip with some of our Probus friends as there were lots of people travelling in groups and 85% of the passengers were in our seniors age bracket.

I would just like to formally recognise and thank Gloria and the committee for covering for me whilst I've been away. By all reports the July function at Ettalong was a most enjoyable outing. Well done Joan.

Well! We do have a full agenda for the August meeting. We will be welcoming the debating teams from Gosford High School and Central Coast Grammar School. The discussion topic will be "That Australia should introduce a tax on foods that are high in sugar and/or fat" and this topic should make for a very interesting debate. Peter Park, our very capable Secretary as you all know, has put in many hours behind the scenes to once again organise this annual event. Many thanks Peter.

We will also be inducting three new members at the meeting, Trevor and Robyn Moore and Norma Marshall. Really good to see the membership growing. It's nice to hear new members comment that we are a warm and friendly bunch.

David Casey

July Speakers from Vision Australia



I'm sure everyone really enjoyed the Vision Australia speakers, Jordan Ashby (Coordinator of Volunteers/Community Relations, NSW), and Will (who is sight impaired) together with Nashie, his seeing eye dog

Will is an inspirational speaker who has done so much and has not let his lack of sight hinder his life. I think all would agree with this.

From the moment we put on the demonstration "glasses" we became better aware of how difficult life must be for people with vision impairment. It was interesting to learn that from the moment a seeing eye dog has its harness put on it is in "work mode".



Don't forget if anyone wants to volunteer their time, Jordan's email address is Jordan.Ashby@visionaustralia.org

David Minshall

July Five Minute Talk

Annette Lutze, wife of Junior Vice President David Minshall, gave a snapshot of her life and how she and David arrived at Ettalong which they now call home. Plus - their runaway wedding to Las Vegas!

Although a very reluctant speaker, Annette's aim was to try to inspire other reluctant members to just "have a go" when invited to talk at a monthly meeting. It is only for a few minutes!

David Minshall

Five Minute Talk for August

At the August meeting Yvonne Chandler will give a Five Minute talk on her visit to a remote Aboriginal community as part of her former work with the Fred Hollows Foundation. She discovered that there are many aspects to a day's work in an Indigenous community. Some are unusual but she found the work encouraging in terms of the long term benefit.



Please put your mobile phone on "SILENT" or turn it off during meetings as a courtesy to other members and to our speakers.

The Debate!

“That Australia should introduce a tax on foods that are high in sugar and/or fat” is the topic you will see teams from Gosford High School and Central Coast Grammar School debate at our meeting this month.

The three speakers from Gosford High School will argue in the affirmative that such a tax should be introduced and speakers from Central Coast Grammar School will take the negative position.

As reported in the news recently, new calls by the Australian Medical Association for Australia to introduce a sugar-sweetened beverages tax have sparked an outcry from the food and beverage industry and provoked resistance from politicians. Health experts keep calling for a sugar sweetened beverages (SSB) tax, and similar taxes on high fat foods, and politicians and industry are resisting.

The first speaker from each side will have five minutes to lay out their case. The second speakers, also with five minutes each, will add to the argument and begin to tear down the arguments of the other side. The third and final speaker from each side will take a final five minutes striving to show the argument of the other team to be wrong and will sum up the position of their team.

While each team will have prepared remarks developed in the week since they were given the topic, an important part of their success will be based on how they think fast on their feet to counter the other team’s arguments. There is no right or wrong answer.

What counts is the quality of the arguments made in limited time as judged by our wonderful adjudicator, Sue Macneil. Sue will deliver the verdict at the end of what should prove to be a spirited debate. President David Casey will present the Lerryn Mutton shield to the winning team. The debate is named after the former NSW legislator, and member of our club, who started the debate in 1993.

Peter Park



Central Coast Grammar School debaters prepare notes during the 2017 debate

At the August meeting we will be inducting three new members:

Norma Marshall who is interested in sewing, sport, reading and meeting people.

Robyn Moore who plans to join the bush walking activities.

Trevor Moore who enjoys music, reading and playing sport.

Welcome! We look forward to enjoying many happy times together.

Christmas In July at Ettalong Diggers Club

We had an excellent turnout for our Xmas in July at Ettalong Diggers Club last month with thirty-nine members attending. The atmosphere, fine food, and everyone singing along with our entertainers made it a most enjoyable day.

Joan Vella



Joan Vella, our wonderful activities organiser, with the performers from the Rod Stewart and Elton John Show.



**PROBUS CLUB OF KINCUMBER INC.
FINANCIAL REPORT FOR GENERAL MEETING
28th AUGUST 2018**

<u>ST.GEORGE BUSINESS ACCESS ACCOUNT</u>	<u>\$1703.02</u>
<u>ST.GEORGE BUSINESS CHEQUE ACCOUNT</u>	
BALANCE AS AT 30 JUNE 2018	<u>\$1800.95</u>
INCOME	\$ 180.00
DEBITS	\$ 229.62
BALANCE AS AT 31 JULY 2018	<u>\$1751.33</u>

Ann Dillon

WELFARE REPORT

Pat Fordham has had another stint in hospital but reports are that she is cheerful, optimistic and getting home very soon after skin grafts and other bits and pieces. Good on you, Pat.

Patrick Leonard will be having surgery at the Prince of Wales hospital in late August; more details will follow.

Too many bouts of the 'flu and coughs and colds to report. You have to have something more notable than that to get in my report!

Narelle Mayes, 0410 303 703
bjacko@telstra.com

Best wishes to our members who celebrate their wedding anniversaries in September.

*Kevin and Lorraine Southgate
Keith and Beverley Tysoe
Arthur and Jan Adeney
Carla and Alan Hurley*



Best wishes to our members who celebrate their birthdays in September.

*Barbara Orme Helen Sutton
Chris Dillon Bob Cochrane
Kay Burdett Robyn Moore
David Butler Sue Schmid
Ann Davy Shirley Casey*

And Fred Leake who will be 94 years young!



**Avoca Bushwalk
August 21st**



A special welcome to Sandra and Graham Field on their first outing with the bush walking group.

Twelve hardy folk found the sunshine amidst the cold and windy conditions and enjoyed a pleasant walk followed by lunch at the sea food café.

Sub-Committee and Convenors

Assist Membership	John Rudd
Assist Social Convenor	Jenny Baker
Bushwalking	Bob Cochrane
Golf	Peter Mear
Historian	John Rudd
Book Share	Jenny Baker
Photographers	Bill Clark Diane Rudd
Debates	Peter Park
Theatre	Diane Rudd
Webmaster	Barry Riley
Welfare Officer	Narelle Mayes
Venue Officers	Bill Clark Alan Drew
Catering Officers	Kay Cochrane Jan Gee Jan Costigan Yvonne Kelly
Auditor	
Alan Hurley	

Social Activities

Gosford Musical Society unfortunately needed to cancel our August outing but we now look forward to two great days.

Tuesday 4th September

Cockatoo Island and Parramatta River Cruise Cost: \$45 8:00am Coach pick up from Kincumber Uniting Church. Cost includes coach travel, morning tea and Island tour. BYO picnic lunch or buy from the café. **Opal cards** are needed for the ferries. **Names and money in an envelope to be paid at the August meeting.**

Tuesday 9th October

Lunch at Rafferty's Resort – Cams Wharf. Cost: \$45 9:00am Coach pick up from Kincumber Uniting Church Stop for morning tea and a tour around the new subdivision at Catherine Hill Bay before arriving at the Resort for a three-course luncheon. **Names needed at the August meeting with payment due by the September meeting.**

Joan Vella 4365 9085

Golf Report

Some great golf is played each week by members of our Probus Club and some wonderful and lasting memories made. New members are always welcome. We meet each Friday at Breakers Country Club at 9.15 am, rain or shine but it hardly ever rains.

Be there or be square -- ooh that shows my age!

Regards *Peter Mear* (0410 346 824) and our tenacious golfers.

Bush Walk for September

The Davistown Dash will be our September 18th outing, convening at Broadwater Court Waterfront area, 8 Carrak Rd. Kincumber, at 10:30am.

We will walk from Kincumber to Davistown, and return, on the level waterside path.

Bring a chair and your picnic lunch so that we can enjoy lunch together beside the water.

Coo-ee!! *Bob Cochrane* 0407 9101 88

Thanks to our faithful photographers for their pictures in this newsletter



Many thanks to Allen Constructions and The Flowerseekers for sponsoring the printing of this Newsletter.

<http://www.allenconstructions.com.au>

<http://www.theflowerseekers.com>



The Probus Club of Kincumber Inc. meets at the Kincumber Uniting Church at 9:30am on the fourth Tuesday of every month except December. Visitors are always very welcome.

Address: PO Box 6109, Kincumber NSW 2251 Website www.probuskincumber.org.au

This publication is solely for the information and interest of members of the Probus Club of Kincumber Inc. and other Probus Clubs in the district and is not to be used for any other purpose.