



PROBUS CLUB OF KINCUMBER INC.

Established 1984

P.O. Box 6109, Kincumber, NSW 2251

www.probuskincumber.org.au



News Sheet

Meeting No. 364

22nd July 2014

President's Message

After days of rain beforehand, how fortunate we were with the fine weather for the well-attended and thoroughly enjoyable June outing to Palm Beach and lunch at the RSL Club. Thanks Gloria. The easy level June walk along Tuggerah Lake was also enjoyable. It's great the way Reg and Ruth are organising such a varied range of walks. And thankyou Jenny for your 5 minute talk. What an interesting lot of people we have in our club. Also thanks Marie for organising our June talk on eHealth, and to Barbara for providing information on events in July at the Laycock St. Theatre For the third month in a row, we'll be inducting new members into the Club, this time Joan Vella and Jeff Bradshaw. It's really great having new members coming into our Probuss family, so a very big welcome to you both.

I believe the changed trial arrangements for morning tea were very successful. Thank you all, members and visitors and Wendy and her team, for making it all happen. There's just so much more room in the Church auditorium, it's lighter and brighter than in the hallway, which, less face it, is not very well lit, is crowded and noisy when we're all gathered in there, and this creates serious difficulties for people with a hearing problem. It's proposed to keep the trial running for another two or three meetings before a decision is made on whether this arrangement is made permanent.

John Sutton

2014-2015

Committee

President

John Sutton

4365 3434

Vice President

Diane Rudd

4326 1326

Jnr. Vice President

Arthur Adeney

4381 0498

Secretary

Yvonne Chandler

4365 2154

Treasurer

Barry Riley

4381 2759

Social Convenor

Gloria Reid

4369 5441

Speakers

Marie Riley

4381 2759

Membership

John Rudd

4326 1326

Editor

Pat Fordham

4368 4398

Auditor

Barbara Orme

Life Member

Fred Leake

John Orme

Speaker Presentation: Hannah Rosington spoke to us on National eHealth Record System and You. This system represents the combined use of electronic communication and information technology in the health sector. The sharing of health information in this way is portable, faster, providing easier access to healthcare information. It does not replace clinical records. An eHealth record is a storage of key health information to ensure the best possible care. The system is totally secure to a higher level than the current system. It will not contain your full medical record but will emphasise key information. Information stored could be child development, clinical documents, medication in use, allergies noted, emergency contact information, or discharge summary. Future advances over the next 5 years will lead to the inclusion of test results, referral letters and advanced care directives. It is important to remember the system is personally controlled including what is uploaded, and who has access. Security and privacy are covered by legislation, the fact that you are in control, with login requirements and an audit log and privacy controls. Questions were answered covering the fact that the system did not allow police access, it is an Australia wide system, and will be available abroad via computer. You can register online or by a free call, in a Medicare office or by post. After her presentation Hannah helped interested members commence their registration to the system.

Profile talk: Member Jenny Baker gave a colourful summary of her interesting life including her life as a librarian, her family movements around the UK in line with her husband's career, and her extensive musical experiences including performing at the Stratford on Avon Theatre. Running a hotel close to the place where guests arrived by ferry from Europe, and life on a narrow boat travelling along the canals of the UK were further unique experiences. Her move to the Central Coast came in order to be closer to her daughter who lives in Avoca. Jenny enjoys her interests here including gardening, singing in the UA3 Choir and attending Probus activities.

Yvonne Chandler

Welfare Report

July news sheet

Most of our group are well this month, in spite of the wintery viruses slowing some of us down. We are all enjoying the sunny days and sheltering from the cold and windy ones. We still have Ken and Velda Robson and Peggy Horton in our thoughts as they deal with their health issues. We look forward to having their company at the meetings again soon.

Elizabeth Butler 4360 2403

Helen Sutton 4365 3434

New Members

Today two new members will be inducted, they are :

Joan Vella and Jeff Bradshaw

August Birthdays

Congratulations to the following members who are celebrating their birthdays in August

Kevin Southgate Anne Mulford Pam Prendergast



Jenny Godfrey Yvonne Chandler

August Anniversaries

Congratulations to the following couple who are celebrating their anniversary in August

Barry and Marie Riley



18 Holes



Here's a slice of golf history you might enjoy.

Why do full-length golf courses have 18 holes, and not 20, 10 or an even dozen?

During a discussion among the membership board at St. Andrews Golf Club in 1858, one of the members pointed out that it takes exactly 18 holes to polish off a fifth of Scotch.

By limiting himself to only one shot of Scotch per hole, the Scot figured a round of golf was finished when the Scotch ran out...

..

News Item

Free Open Days at the Central Coast Family History Centre, Russell Drysdale St, East Gosford

The following days have been allocated as Open Days in August on four consecutive Fridays - 8th, 15th, 22nd and 29th, 10am until 2pm.

Tours of the research centre will be given and a short introduction to beginning tracing a family tree.

PLEASE RING THE CENTRE ON 4324 5164 TO BOOK IN FOR THE OPEN DAYS.

Website: www.centralcoastfhs.org.au

Treasurer's Report by Barry Riley

Cheque account

Balance at March 1, 2014 \$350.45



	<i>Year to date</i>	<i>June</i>	
Income	\$1,771.25	\$80.00	
Expenses	\$1,719.69	\$452.10	
		Balance	\$402.01

Savings account

Balance at March 1, 2014 \$1,042.76

	<i>Year to date</i>	<i>June</i>	
Deposits	\$ 1,210.00	nil	
Interest	\$12.74	\$ 4.63	
Fees	\$3.00	nil	
Withdrawals	<i>nil</i>	nil	
		Balance	\$2,262.50

Combined net balance at June 30 2014 \$2,664.51

News Item

An enjoyable afternoon of band music!

Central Coast Concert Band

2:00pm Sunday 27th July, 2014

Gosford RSL Club - Coral Room

Adults : \$20.00

Children: \$5.00

Season Ticket: 3 Concerts \$40.00

For more information, ask Richard

Bushwalking

Our June walk was along the water's edge at Chittaway Bay. 14 members came on this pleasant scenic walk and then enjoyed lunch in the park. Altogether it was a great day.

Tuesday 19 August, 2014 – 10.30 a.m. Bulbararang Lagoon, North Avoca

This walk will be led by Richard Collins and was last done back in 2003.

The walk will take us around the picturesque north arm of Avoca Lake; properly called Bulbararang Lagoon. We meet at 10.30 a.m. at the Surf Lifesaving Clubhouse, North Avoca Parade, North Avoca (UBD Ref: Map 99 : M2). We will walk to the lagoon, and then skirt its eastern shore to the northerly tip. We will return through the very tall trees of the North Avoca gully. Lunch will be on the grass outside the Clubhouse.

This is a fairly level walk, except for the 200 m climb through the rain forest. The total distance is about 4 km.

Remember: Sun screen, insect repellent (particularly important for this walk!), drinking water, walking shoes, lunch and chairs.

There is a little shop at North Avoca from which you can buy a sandwich and drinks.

All queries, please contact Richard Collins. Ph: 4368 1051



Reg & Ruth Charlesworth

Social Events

Tuesday 12th August: **Norah Head Lighthouse**

Travel: Own Cars - (you may wish to car pool)

Tour Cost: \$5.00 per person - (assuming we have 10 or more people)

Numbers and payment required by July meeting please.

Tuesday 9th September **Lunch: **Empire Bay Tavern****

Travel: Own Transport

Cost: Own Expense

Numbers required by August meeting please.

Gloria Reid

Profile Talk

George Prendergast will give a five minute talk

Guest Speaker

Our Guest Speaker for July 22nd is Laurie Maher. He has worked for 30 years in the Welfare System. He was a councillor for 8 years with Gosford Council, four of those years as Mayor. He has six children all of whom are involved in one way or another. Laurie is CEO of Coast Shelter and that will be what he is going to tell us about to-day.

There is no Guest Speaker for August. In September we will have a speaker from Cochlea Implant.

Marie Riley

Hermione Dunbar



MEETS: 9:30am. Fourth Tuesday each month at Kincumber Uniting

SUB-COMMITTEE AND CONVENERS 2014-2015

ASSIST. MEMBERSHIP	Col Laybutt
ASSIST. SOC. CONV.	Sue Schmid & Jenny Baker
ASSIST. SPEAKER CONV.	Hermione Dunbar
BUSHWALKING	Reg & Ruth Charlesworth
CATERING OFFICERS	Wendy Coney & Isabelle Drew
DEBATES	Richard Collins
GOLF	John Rudd
HISTORIAN	John Rudd
INTER-CLUB LIASON	Thelma Leonard
BOOKSHARE	Jenny Baker
PHOTOGRAPHER	Diane Rudd
THEATRE	Barbara Orme
WEBMASTER	Barry Riley
WELFARE OFFICERS	Elizabeth Butler & Helen Sutton
VENUE OFFICERS	Bill Clark & Alan Drew

Notes for your 2014 Diary



August

5th Committee meeting
12th (time, TBA) Norah head Lighthouse
19th 10.30am Bushwalk
26th 9.30 am Monthly meeting

All contributors please note:

DEADLINE for the next News Sheet is Friday 15th August 2014, but early reports are always most welcome.

Note: reports should be sent to - jimpat3@bigpond.com

This publication is solely for the information and interest of members of the Probus Club of Kincumber Inc. and the adjoining Probus clubs within the district. It is not available to outside bodies for any other purpose.