



KINCUMBER

August News Sheet

MEETS: 9:30am. Fourth Tuesday each month at Kincumber Uniting Church.

SUB-COMMITTEE AND CONVENERS 2013-2014

ASSIST. CATERING	Wendy Coney
ASSIST. MEMBERSHIP	Col Laybutt
ASSIST. SECRETARY	Yvonne Chandler
ASSIST. SOC. CONV.	Reg Charlesworth
BUSHWALKING	John Sutton
CATERING OFFICER:	Hermione Dunbar
GOLF:	John Rudd
HISTORIAN:	Anne Mulford
PHOTOGRAPHER	Diane Rudd
THEATRE	Barbara Orme
WEBMASTER:	Barry Riley
WELFARE OFFICERS	Elizabeth Butler and Helen Sutton
VENUE OFFICERS	Reg Charlesworth and Patrick Leonard

Notes for your 2013 Diary

September	3rd	2.30 pm	Committee meeting
	10th	TBA	Tour of Currency museum.
	17th	10.30 am	Kincumba Mountain Bushwalk
	24th	9.30 am	Monthly meeting
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October	8th	TBA	NSW Mounted Police & Museum
	15th	10.30 am	Bushwalk TBA
	22nd	9.30 am	Monthly meeting



All contributors please note:

DEADLINE for the next News Sheet is Friday 13th September 2013, *but early reports are always most welcome.*

Note: reports should be sent to - wtuffs34@optusnet.com.au

This publication is solely for the information and interest of members of the Probud Club of Kincumber Inc. and the adjoining Probud clubs within the district. It is not available to outside bodies for any other purpose.

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2013-2014 Committee President

Thelma Leonard
4369 7938

Vice President
John Sutton
4365 3434

Jnr. Vice President
Diane Rudd
4326 1326

Secretary
Richard Collins
4368 1042

Treasurer
Barry Riley
4381 2759

Social Convener
Ruth Charlesworth

4369 5006

Speakers

Marie Riley

4381 2759

Membership

John Rudd

4326 1326

Editor

Wally Tuffs

4369 0512

Auditor

~~John Mulford~~

Life Members

Bruce Dunlop

Fred Leake

PROBUS CLUB OF KINCUMBER INC.

Established 1984

P.O. Box 6109, Kincumber, NSW 2251

www.probuskincumber.org.au



News Sheet

Meeting No. 353

27th August, 2013

President's Message

Since the last meeting a sizeable number of members have been away on trips or have been otherwise indisposed, including committee members. As a consequence, the committee was not able to meet at the beginning of the month to discuss amendments to our Constitution and Standing Resolutions. The committee meeting has therefore been postponed until September as it is important to have the input of the full committee on this matter. The results of our discussions will now be reported at the September meeting.

Four applications for membership have been received but we will not be able to induct any new members until after the committee meeting – our apologies to the applicants. We have just about reached the limit of our membership and this is another matter for the committee to discuss.

This month a 'reminder' email has been sent out as a trial and I would welcome your feedback. It is in response to a few people commenting that they have either forgotten to attend or were caught out by a month with five Tuesdays.

Lunch at the Kincumber Hotel after the monthly meeting has continued to be well attended – well done John Rudd for instigating it. Well done also to the 8.30 morning walkers – there is now a regular group.

Thelma Leonard

Five Minute talk: Wally Tuffs told us how our monthly News Sheets are prepared. Many people within the Club contribute material to Wally on the diverse areas covered in the News Sheet. All material is currently submitted by email. He copies this material and pastes it into the relevant place in the document, making editorial changes when needed. Wally took us through the current News Sheet, much of which is still in the format established by his predecessors. He completes his editorial work by converting the News Sheet into a PDF file and emailing it to the very cooperative people at Gosford Council Printing Department. They print and staple the News Sheets and Wally collects the completed documents. When Wally is away, Barry Riley completes the editorial work. Thelma thanked Wally for his enormous contribution of effort and time each month.

Speaker: Through her personal experience of the Ambulance Service, Marie Riley identified this as a very good topic for our monthly speaker and was happy to introduce Andrew Kfoury to us. Andrew is stationed at the Wyong Branch of the local Ambulance Service. Andrew's introductory review reminded us of milestones in the development of this world class service. We learnt that the first ambulance service was established in 1895 at Railway Square in Sydney. 1912 saw the first motor vehicle ambulance, and in 1937 the first radio controlled vehicle was in use. An overview of major disasters which used the Ambulance Service extensively brought back memories – the Granville train disaster, Hilton bombing, Pacific Highway bus accident, Newcastle earthquake, boat collision on Sydney Harbour, flood rescues, and Heathcote bus smash were but a few of these. The main aim of the Ambulance Service is to support disasters and medical emergencies, providing a very high quality in their work. The addition of protective care ambulances was followed by the air ambulance established in 1967, and an advanced life support service in 1976. There are currently 3700 staff at 266 locations, with 800 ambulances 300 support vehicles, 4 fixed wing aircraft and 9 helicopters at work. The Service vehicles and aircraft carry equipment for any kind of emergency, of particular value when immediate care is available for conditions such as heart attacks, stroke or asthma attacks. With this equipment, officers and paramedics can supply pre-hospital care, increasing the positive outcomes for these patients. More recent streaming of services specific to the illness to be treated has also been an improvement. This includes transport to the hospital best able to treat the condition involved. In addition, better outcomes are obtained by giving the right support for the patient. The addition of a stroke team and the method devised on the Central Coast is a specialised service now in use around the world. The outcomes are awesome and meet criteria.

Great Golf One-liners:

Golf is like chasing a quinine pill around a cow pasture: Winston Churchill

- It took me seventeen years to get 3,000 hits in baseball. I did it in one afternoon on the golf course: Babe Ruth
- Columbus went around the world in 1492. That isn't a lot of strokes when you consider the course: Lee Trevino
- These greens are so fast I have to hold my putter over the ball and hit it with the shadow: Sam Snead
- If you think it's hard to meet new people, try picking up the wrong golf ball: Jack Lemmon
- If you're caught on a golf course during a storm and are afraid of lightning, hold up a 1-iron. Not even God can hit a 1-iron: Lee Trevino
- The people who gave us golf and called it a game are the same people who gave us bagpipes and called it music: Anon
- I would like to deny all allegations by Bob Hope that during my last game of golf, I hit an eagle, a birdie, an elk and a moose: Gerald Ford

Bushwalking

On Tuesday 16 July, the walk with 18 walkers was from Bateau Beach to Blue Lagoon Beach, led by John and Di Rudd. The walk was through bushland of Wyrabalong National Park to the extensive rock pools and interesting rock formations at Blue Lagoon Beach, with lunch at a pleasant grassy park overlooking Bateau Bay Beach.

Our next walk is on Tuesday 17 September led by Thelma Leonard, exploring Kincumba Mountain Reserve, starting at the very attractive picnic area, and making it to the Colin Waters Lookout with extensive views to the ocean, then the Nyari Lookout with interesting rock formations.

Our meeting point is at 10.30 AM at the far end of the picnic area (look for the Probus sign), UBD map 98 grid ref. K2. It's an easy 4 km return level walk along a well-formed fire trail, with all the climbing to the mountain reserve being done by car up Island View Drive Kincumber. For those slightly more adventurous, there is an alternative return route from the lookouts along a bush track with a number of steps, which takes us past most interesting rock formations and a substantial cave, which was the home to an unnamed person during the 1930's Depression years.

There are some tables and seats at the picnic area, but as usual, it's a good idea to take your own.

Looking forward to seeing you there.

John Sutton

Treasurer's Report



<i>Cheque account</i>	
Balance at March 1, 2013	\$312.58
<i>Year to date</i>	<i>July</i>
Income	\$2,330.00
Expenses	\$2,123.76
	Balance \$518.82
<i>Savings account</i>	
Balance at March 1, 2013	\$1,006.14
<i>Year to date</i>	<i>July</i>
Deposits	\$500.00
Interest	\$17.14
Withdrawals	nil
	Balance \$1,523.28
Combined net balance at June 30, 2013.	\$2,042.10

What's On

Concert

At 2pm on Sunday 8 September, Central Coast Concert Band will host the NSW Ambulance Band for a concert at Laycock Street Theatre, Gosford. Sixty musicians on stage will play a wide range of music from jazz to classics – well-loved tunes by Benny Goodman, George Gershwin, Cole Porter, Frank Sinatra, Ray Charles and the Beatles, “March Slave” by Tchaikovsky, music from “The Lion King”, some traditional marches, and much more!

This concert will be spectacular and exciting – a great way to spend a Sunday afternoon.

Come along, and bring your friends! Tickets are available from Laycock Street Theatre, either by booking, or at the door.



Debate

Today we welcome students and teachers from Erina High School and Green Point Christian College for this year's debate. The topic for today's debate is “That politics is a honourable profession”. Erina High School is the Affirmative and Green Point Christian College the Negative.

The article about our debating competition that we submitted to Active Retirees has been put up on the Probus website:

http://www.probussouthpacific.org/7e9c6dcb/School_debating

We are also writing to their Editor to urge her also to include it in a future issue of Active Retirees.



Guest Speaker

There will be no speaker today due to the schools debate.

In September, **Arthur Adeny** will give us “Out of Africa”.

The October speaker will be **Ian Garradd** who is an Energy Efficiency Consultant.

The title of his talk will be 'It's Better in the Hip Pocket'

Profile Talks

Elizabeth Butler will give us a five-minute talk today.

At the September meeting, **Roy Bird** will give a five-minute talk.



Tuesday 10th September, 2013 **Tour of the Museum of Australian Currency Notes.**

Reserve Bank, 65 Martin Place, Sydney

Travel: Train (Travel information sheet available today.)

Cost: Free

Lunch: (Optional) Various places nearby.

Numbers required TODAY, please.

Tuesday 8th October, 2013 **Visit to the N.S.W. Mounted Police & Museum.**

7 Baptist Street, Redfern.

Travel: Train / Bus (Travel information sheet available at the September meeting)

Cost: Free

Lunch: (Optional) Various places nearby.

Numbers required by September meeting, please.

Tuesday 19th November, 2013 **Bush Picnic.**

A combined Social and Bushwalking Club event. All are invited.

Venue: MacMasters Beach Surf Lifesaving Club

Time: 11.30 a.m. for 12.00 m.d. UBD Map 109 Ref: G5

Cost: \$20.00 per person

BYO alcohol. Coffee available for purchase from Kiosk.

Bookings and payment required by October meeting, please.

DATE for your DIARY

Tuesday 10th December, 2013 **Christmas Function at *Treetops Resort***

Cost: \$45.00 per person (subsidised by our Club).

Welfare Report

We are pleased to report that Thelma Leonard is recovering well from her eye surgery and that Patrick is also on the road to recovery after his surgery.

Lorraine Southgate is responding well to her chemotherapy treatment and is now more than half way through the sessions. She is feeling the effects but has not lost her positive attitude and wonderful sense of humour.

Bruce Dunlop is still not well and we send him and Irene lots of love and support as they work through this difficult time.

Ken Robson, another one of our club's long-term members, has had a stroke and is recovering in North Gosford Private Hospital. We send our best wishes to him and his wife, Velda.

Elizabeth Butler 4260 2403

Helen Sutton 4365 3434

One liners

1. No one is listening until you make a mistake.
2. Borrow money from a pessimist -- they don't expect it back.
3. Time is what keeps things from happening all at once.
4. Lottery: A tax on people who are bad at maths.
5. I didn't fight my way to the top of the food chain to be a vegetarian.
6. It's lonely at the top; but you do eat better.
7. Never answer an anonymous letter.
8. I don't suffer from insanity; I enjoy every minute of it.
9. Always go to other people's funerals, or they won't go to yours.
10. Few women admit their age; few men act it.

September Birthday Greetings

Congratulations to those members who are celebrating their birthdays in September.



**Louise Hooworth Jean Johnson Fred Leake John Mulford
Barbara Orme Helen Sutton David Butler
George Pendergast Sue Schmid**

September Wedding Anniversaries



*Congratulations to **Lorraine & Kevin Southgate** on their 50th anniversary and the following couples who are also celebrating their anniversary in September.*

Beverly & Keith Tysoe Jan & Arthur Adeney