



Probus Club of Kincumber Inc.

Established 1984



Christmas Edition

Newsletter

December 11th 2018

Management Committee

President	David Casey	4365 9095
Vice President	Gloria Reid	4369 5441
Jnr. V. President	David Minshall	4308 8186
Secretary	Peter Park	0400 233 080
Treasurer	Ann Dillon	4368 2003
Social Convenor	Joan Vella	4365 9085
Speakers	Iain McLeod	4343 1601
Membership	Carla Hurley	4323 9823
Editor	Elizabeth Butler	4307 9606

Life Members

Fred Leake
 John Orme
 Barry Riley
 Richard Collins

Dates for Your 2019 Diary

Jan 8	Recovery Picnic	Page 6
Jan 22	Monthly Meeting	Page 6
Feb 12	Heritage Tour Sydney Uni	Page 6
	Proposed City Walk	Page 6
	Every Friday – Golf at Breakers	Page 6

All contributors please note that the deadline for the next Newsletter is **Friday Jan 11th** but any reports sent early will be very welcome.

Please send to ejbutler118@gmail.com

From the President

Another Christmas is upon us, and a New Year fast approaches. Shirley and I would take this opportunity to wish each and every one of you a very Happy and Merry Christmas and hope that it will be a memorable one for you, and that the New Year brings you much enjoyment.

If you have the opportunity to enjoy a family gathering you are indeed blessed.

Some in our group have lost loved ones this year, whilst others are separated from families due to distance and a whole range of other reasons. Loneliness and a feeling of isolation is not uncommon, particularly at this time of year. But, on the brighter side you have the Kincumber Probus Family, and should you be feeling somewhat down hearted please get involved with our club activities and get to know your fellow members. We really do have a friendly club.

This friendship was clearly evidenced by the members' enjoyment at our annual November Bush Picnic, and by the many members who will gather for the Christmas Lunch at the Dart & Feather restaurant Davistown.

Keep your diary filled with the upcoming Probus activities.

Coast Shelter will be very appreciative of all the donated gifts that we will bring to the lunch for their Christmas appeal. I'm sure they'll put big smiles on the faces of the recipients.

David Casey



Merry Christmas



Roz Baker – Author, Bush Poet, Independent Publisher and Toastmaster

We welcomed Roz as guest speaker at our November meeting, a year late but well worth the wait! Roz, author and bush poet extraordinaire, kept us enthralled with the story of how all this evolved. She attributes her success to a simple formula: Have a good product; Be prepared to do a lot of driving; Be a polished public-speaker.

Roz told us the inspirational story of overcoming brain surgery before self-publishing three successful novels. A truly inspiring story of how she overcame the 3Ds (death, disease & divorce) and replaced them with the 3Fs (faith, family & friends), a lesson for us all. She included a light-hearted touch to her presentation by reciting one of her humorous bush poems Bluey One and Bluey Two.

Roz is an Advanced Toastmaster who has won many trophies for humorous and impromptu speaking. The “*Sooner Or Later Series*” by Roz Baker has proven that self-publishing is a viable option.

Her books are:

BOOK 1 - “*Sooner Or Later We All Stop Laughing*” BOOK 2 - “*Sooner Or Later We All Come Home*”

BOOK 3 - “*Sooner Or Later We All Get Even*” Her latest book is entitled “*Seed of Hope*”

I'm sure we all enjoyed the talk Roz gave us and her enthusiasm for life and the obstacles it throws our way.

David Minshall

Five Minute Talk for November

New member Anne Davis, who was born in Sydney, gave us a very interesting talk about her life. After giving up her nursing studies to marry her first husband, Anne had three sons. Anne’s first marriage ended in divorce and during this time she completed her nursing studies and married again. Her second husband had three daughters to combine with Anne’s three sons, but they were not quite a “Brady bunch” as they went on to have a daughter together.

Anne further qualified as a palliative care nurse and found that she loved working in this field. She eventually moved to the Taree area on the mid north coast of NSW where she practised her palliative care nursing skills for many years before her husband died.



Anne then decided to move to England after applying for a position there as a palliative care nurse. Anne stayed there for two years before returning to Taree where she again took up her original job after being invited to do so. Anne stayed in this position in the palliative care profession that she truly loved until her retirement.

Anne was invited to join her family on the Central Coast and now lives independently with one of her sons in Kincumber and she is enjoying life and especially her thirteen grandchildren.

David Minshall

Five Minute Talk for January

At the January meeting Phyllis Horne, who was inducted with her husband Robert at our October meeting, will tell us a little about herself. She and Robert were keen participants in the Hawaiian night during the trip to Macksville last September, so no doubt Phyllis will have some fun things to tell us.

David Minshall



Proposed Change to Requirements for Life Membership

Our Kincumber Probus Club has a primary aim of providing social time and fun with fellow members in retirement and a positive experience with our many activities for all our members. This positive experience is made possible by members who take responsibility for the running of the club whether it is service in running one of our activities, serving as a member of the Management Committee, or holding office as Secretary, Treasurer, Junior Vice President, Senior Vice President, or President.

Life Membership is the highest honour our club can bestow on those few members whose service to Kincumber Probus is truly outstanding and across several years. In consultation with our current life members Fred Leake, Barry Riley, John Orme, and Richard Collins, your Management Committee recommends a change to the current Standing Resolution regarding Life Membership.

Our constitution states that a standing resolution can be changed by a vote of the members at a general meeting after at least a 21-day notice to the membership. This notice in our newsletter constitutes that notice and a paper copy of this newsletter has been mailed to members who do not have an email address.

The Standing Resolution currently contains the following language:

1. Successful nominees for Life Membership should meet the following two Criteria:

- i. The Nominee will have completed at least 15 years of membership of the club and demonstrated committed participation in its activities for much of that time.
- ii. The Nominee will have rendered at least 7 years of distinguished service in Committee positions of the club, or at least 10 years of distinguished service leading some of the operational activities of the club, or a proportional combination of both.

Upon review, the Management Committee believes that the requirement for 15 years of membership should be retained but with flexibility to permit an exceptional member with less years to be elected. This change is recommended for the following reasons:

- Australians are retiring later and are joining Probus at a later age meaning that many joining recently would currently not be eligible for Life Membership until age 85 or later.
- Since our club did not become a mixed male-female club until 2008, as currently written no female member could qualify as a Life Member until 2024 regardless of exceptional service
- There may be cases where a member with fewer than 15 years of membership has performed more than 15 years of service through service in multiple positions at the same time.

Therefore, the following language is proposed (**new words in bold**) and your approval is recommended by the Management Committee.

1. Successful nominees for Life Membership should meet the following two Criteria:

i. The Nominee will have completed at least 15 years of membership of the club and demonstrated committed participation in its activities for much of that time **This criterion may be waived in the case of a member with an extraordinary record of service.**

ii. The Nominee will have rendered at least 7 years of distinguished service in Committee positions of the club, or at least 10 years of distinguished service leading some of the operational activities of the club, or a proportional combination of both.

There will be an opportunity for discussion before a vote at the January meeting. If you have questions or wish to discuss this matter before the meeting please contact our Secretary Peter Park at park_uk@yahoo.com or by phone at 0400 233 080.

Peter Park



Speaker at the January Meeting

Our own recently retired general practitioner Dr. Arthur Adeney will present “Reflections of Africa” a chronicle of his volunteer work for several years in bringing medical skills and health education to people on the African Continent in areas totally lacking or with limited medical coverage.

Iain McLeod

MP Lucy Wicks Announces Grant of \$3715 to Kincumber Probus Club

Award will fund “Probus SAVES” Project

Member of Parliament for Robertson Lucy Wicks has announced an award of \$3715 to our club as part of the \$150,000 provided to support community organisations in the Robertson Electorate by the Stronger Communities Program – Round 4. The Stronger Communities Program is sponsored by the Australian Federal Department of Industry, Innovation and Science.

Funding for the Kincumber Probus Sound and Vision Enhancement for Seniors” or “**Probus SAVES**” project will enable the purchase of a high brightness/high resolution projector, and a top-quality wireless headset microphone system to improve our ability to clearly see and hear presentations during our meetings.

As President David Casey notes: “Receipt of this grant, coupled with the work of Speaker Convenor Iain McLeod in setting up relevant and enjoyable guest speakers for next year, can make the difference in enhancing enjoyment of the Kincumber Probus experience for those of our members who are challenged in sight and/or hearing.”

The initiative to secure the grant began in August with an invite from MP Wicks to attend a meeting of local organisations at her Gosford offices where she announced the Stronger Communities Program and encouraged applications. After research into equipment needed, aided by advice from former Speaker Convenor and performer Chris Dillon, we obtained best price quotes from vendors. With guidance from experienced and successful grant writer and Life Member Richard Collins, an Expression of Interest (EOI) was submitted to the MP’s office in early September. On 28 September we were notified by MP Wicks that our club successfully competed at the electorate level and we were then invited to make formal application to the Department of Industry, Innovation, and Science to which we submitted our application on 5 October.

During this process, support from MP Wicks and her staff, especially Electorate Officer Bec Johnstone, were critical in assisting with the application and resolving any issues that arose.

Peter Park



As her busy legislative calendar in Canberra permits, MP Lucy Wicks will be invited to formally present the grant to our club at a future time.



VALE DAVID LAWRENCE

It was with much sadness that I reported at the November meeting that David had died just that morning. He had been quite ill for 10 days or so but had been quietly carrying a serious illness for some months. David was surrounded during those final days by Val and his close family, some of whom flew from England to say their goodbyes.

David and wife Val joined our Probus Club in 2017. They both loved the bushwalking and social outings of the club, and even when David's health was failing in recent months continued to join in and participate.

Our very sincere condolences to Val and their family. We hope that Val will continue to come to Probus when she feels the time is right; meanwhile the Ettalong "gang" will keep a close eye on her.

Narelle Mayes, Welfare Officer



David and Val Lawrence

WELFARE REPORT

We had some good news recently – new member **Robyn Moore** is recovering from her fractured shoulder; **Jeff Bradshaw** is recuperating – albeit slowly – from recent illness; **Peter Mear's** treatment is going well and he assures me he is feeling fine.

It was lovely to see **Pat Fordham** at the last meeting; she has been missing in action for some time.

Keep as well as you can over Christmas; and don't forget to check on those who have lost a partner or friend recently – it can be a difficult and lonely time. Best wishes from Bill and me.

Narelle Mayes, 0410 303 703
bjacko@telstra.com

November Highlights Quiz - Answers

- Ambre Hammond plays the piano.
- Nashie is Will's seeing-eye dog.
- Narelle's mother rode a motor cycle and she also enjoyed being a pilot.
- Gosford High School won the debate.

Best wishes to our members who celebrate their wedding anniversaries in January.

Ann and Chris Dillon



Best wishes to our members who celebrate their birthdays in January.

Dianne Rudd Lawrie Gee
Barbara Hogan Margaret Hobbs
Thelma Leonard Patrick Leonard
Betty Pickersgill



Best wishes to everyone for a very Merry Christmas and a happy and healthy New Year

Sub-Committee and Convenors

Assist Membership	Phyl Hill
Assist Social Convener	Jenny Baker
Bushwalking	Bob Cochrane
Golf	Peter Mear
Historian	John Rudd
Book Share	Jenny Baker
Photographers	Bill Clark Diane Rudd
Debates	Peter Park
Theatre	Diane Rudd
Webmaster	Barry Riley
Welfare Officer	Narelle Mayes
Venue Officers	Bill Clark Alan Drew
Catering Officers	Kay Cochrane Jan Gee Jan Costigan Yvonne Kelly
Auditor	Alan Hurley

Many thanks to our photographers for their newsletter contributions throughout the year.

Social Activities

Tuesday 8th January Recovery Picnic – 12 Noon

Broadwater Park Seabreeze Ave. Kincumber.

B.Y.O. everything

If the weather is uncertain the lunch may be at the Kincumber Hotel. An email will be sent by 9:30am on the day to confirm any changes.

Tuesday 12th February

Sydney University Heritage Tour with High Tea.

Coach Pick up: 8-15am at Kincumber Uniting Church.

Stop for morning tea. Heritage tour at 10-30am.

High tea at 12 noon in the Courtyard Restaurant

Depart at 2-15pm

Cost: \$55.00

If you haven't put your name down yet please ring Joan Vella.

Joan Vella 4365 9085



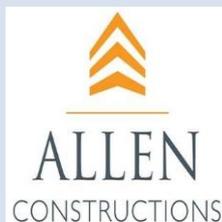
Proposed City Walk: A Ramble at The Rocks Expressions of Interest Sought

Under the guidance of The Rocks specialist, Brian Harrison, at \$10 per head, we would convene at Circular Quay for a two-hour tour of The Rocks featuring history, yarns and characters. Please let me know by phone, email or in person if you would be interested in this Rocks Ramble and I'll organise it for winter 2019.

Cooeeee!! *Bob Cochrane*, Bush Walks Organiser

0407 910 188

bobandkay1@bigpond.com



Many thanks to Allen Constructions and The Flowerseekers for sponsoring the printing of this Newsletter.

<http://www.allenconstructions.com.au>

<http://www.theflowerseekers.com>



The Probus Club of Kincumber Inc. meets at the Kincumber Uniting Church at 9:30am on the fourth Tuesday of every month except December. Visitors are always very welcome.

Address: PO Box 6109, Kincumber NSW 2251

Website www.probuskincumber.org.au

This publication is solely for the information and interest of members of the Probus Club of Kincumber Inc. and other Probus Clubs in the district and is not to be used for any other purpose.